



RESEARCH PAPER

Exploring Gendered Language and Socio-Cognitive Impact in AI-Generated Texts: A Critical Discourse Approach

¹Walees Fatima, ²Musarat Yasmin and ³Isra Irshad

1. PhD scholar, Department of English, University of Gujrat
2. Associate Professor, Department of English, University of Gujrat
3. Lecturer, Department of English, University of Gujrat, Punjab, Pakistan

*Corresponding Author	isra.irshad@uog.edu.pk
------------------------------	------------------------

ABSTRACT

The present study investigates gendered language and social cognition within AI-generated text through AI tools (ChatGPT, Gemini). Van Dijk's social cognition model is utilized to analyze the perpetuation of conventional gendered language, ideologies, and power structures via AI generative systems. The prompts' designs and the corresponding responses from ChatGPT and Gemini are analyzed across macro- and microstructural levels, cognitive representations, and power dynamics. The present study's findings indicate that AI-generated texts depict men as dominant and authoritative figures, and women as emotional laborers and supportive characters. ChatGPT employs more inclusive terminology than Gemini. The incorporation of AI-generated texts into various institutions contributes to the normalization of conventional gender roles. Further development of more inclusive tools is required.

KEYWORDS Social Cognition, Gendered Language, Gemini, ChatGPT, Traditional Roles

Introduction

The Artificial Intelligence is in a phase of consistent growth, with more people using technology in their lives for various reasons. The rise of AI tools represents a significant development in this area. Notable examples include ChatGPT and Gemini, which are advanced AI models capable of generating text across various topics. These tools are employed by individuals, prompting questions regarding the preservation or alteration of current social conventions (Yasmin et al. 2025). This situation also stimulates research into the extent to which gendered norms are examined. The objective of the present study is to ascertain the presence of gender bias within the generated texts. This investigation is becoming increasingly relevant in the context of AI-generated gendered content, as it explores the portrayal of gender aspects within these texts. The AI tools are developed using extensive human-based corpora, which inherently encompass social, ideological, and gendered norms. The cognition of gendered roles is manifested in AI-generated texts. It is reshaping people's perceptions of gender. The purpose of this study is to investigate gendered language through stereotypes, power relations, and subjectivity.

Gendered language is a language that reflects and challenges gender roles and their identities (Eckert & Ginet, 2013; Yasmin et al., 2019). Cultural values related to men and women are reinforced through their hierarchy (Cameron, 2003). Sunderland (2006) argued that gender distinctions are a reflection of societal conventions. The perceptions of individuals about gender and class are processed and shaped through language (Gee, 2011). Language analysis employs a critical approach to text to understand the construction of inequality, power, and biases (Fairclough, 2013). Similar to how translation practices

reconstruct feminist identity and negotiate cross-cultural norms (Irshad & Yasmin, 2022; 2023), AI-generated discourse also embeds cultural hierarchies, revealing how gender ideologies travel across mediums and reshape perception. Critical Discourse Analysis (CDA) posits that societal inequalities are established through language (Wodak & Meyer, 2016). It is a point to consider that the structures of society and discourse are built by the mental models (Wodak & Chilton, 2005). The mental norms help individuals to produce and understand the social norms (Nik, 2015). The language generated by AI tools contains and reinforces biases due to its training background (Bolukbasi et al., 2016). The AI-generated gendered language also involves the traditional gender norms from using a corpus for training and this corpus is built by humans and contains biases (Sheng et al., 2019). The generated texts are reproduced with the biases of language patterns and traditional roles of gender (Zhao et al., 2017). The biased datasets produce texts that enable humans to perceive gender differently (Sun et al., 2019).

The technological tools are creating challenges in gender inclusiveness in their generated texts because they are generated by traditional roles to influence users in their society. For instance, AI-generated texts reflect men in leadership roles and women in caregiving roles. These reinforce imbalanced power relations in society through ideological representation of gender. The AI tools are trained on the larger corpora that already contain biased data. The study conducted by Caliskan et al. (2017) explored the biases of humans in AI tools by developing WEAT through a web-based corpus. They found that human biases existed in machine learning with related words such as family, career, and female, by reflecting societal biases. Similarly, another study conducted by Bolukbasi et al. (2016) highlighted that gender stereotypes are highlighted in the AI tools, and the study aimed to that how embedded words (words into numerical vectors) reflect traditional gender roles by using a sample of news articles. They found that terms such as receptionist are associated with females and programmer with males. They introduced an approach to address this issue by involving two steps: the first is neutralizing bias, and the second is equalizing it.

The bias of Artificial Intelligence tools is also dependent upon demographic information. The study conducted by Raji et al. (2020) aimed to challenge the developed system of AI by its organizers. These challenges were explored by using a framework of SACTR (scoping, mapping, artifact collection, testing, and reflection). They found that internal harms are predictable through internal audits instead of external. They maintained that bias was also displayed in race. Language that is produced through AI tools often contains gendered base data. This makes a path that shows how individuals perceive gender roles in their daily usage of AI tools. The tools that are trained by natural language processing (NLP) usually produce language that contains gendered language. For instance, the roles of women are associated with caregiving, and professions with hard work are associated with men. These biases are due to the historical uses of language as processed in the corpus from which the tools are trained. Nadeem et al. (2021) discussed in their study how outputs from the responses shaped the roles of gender in a particular society and organization. They used the reviews of company editors and suggested that they should use them carefully. The selected tools for current research are heavily based on the data that is taken from the internet or a trained corpus, and traditional roles are also portrayed in it.

Language is a tool that is used to shape and reshape the perceptions of individuals about the cognition of gender representation. Zimmerman and West (1987) discussed in their study that inequities existed in language due to the dominance of men in society through different patterns of speech. Traditional gender roles were incorporated through AI-generated texts and reinforced the roles of gender in society. The production of

gendered language leads to the unequal perception of gender in education and the workplace. Moreover, Crawford and Paglen (2021) explored how AI systems were biased in the interpretation of images. They found that social, political, racial, and gendered factors exist in tools for biased interpretation. The production of gendered stereotypes harms society. Zhao et al (2021) discussed in their study that AI models were trained on biased datasets by analyzing different tools. They used datasets of COCO and analyzed them by using the corpus method.

Cheryan et al (2017) explored why women are not represented in technical subjects but are represented in biology and chemistry subjects. The existing literature was reviewed and found that there are three main reasons for this: 1. Masculine cultures, 2. Early experience, and 3. Self-efficacy. Gendered biases in AI-generated texts are addressed in multiple ways. It focused on an approach that inclusive training sessions must be developed. Bloukbasi et al. (2016) and Caliskan et al (2017) developed methods to reduce ambiguities and biases in the AI models.

The other approach is to change the behavior and attitude of society and the algorithm of AI models. Raji et al (2020) maintained that gender equality can be obtained through the implementation of unbiased AI tools and awareness of ethical considerations. The combatant of gendered biases is incorporated in the feminist principles. The feminist perspectives must be integrated into the training of AI models. These designed approaches and frameworks can pose a challenge regarding traditional gender roles and harmful stereotypes. Further research is integrating the different frameworks for the recognition of gendered biases generated language. New methods and designs are being developed for the examination of AI-generated gendered roles for reviewing, changing, and shaping the attitudes of society. Different sects, like race and gender, reveal the biases of mitigation. Furthermore, AI biases impacted real-life decision-making and education procedures. The research scholars from the field of feminism noticed that the power dynamics are reinforced by AI-generated gendered language.

The different previous studies show that research has been done on the biases of technical datasets and algorithms, and it is suggested that there is no study on cognitive social processes of language. Previous researches overlook the socio-cognitive perspectives. This gap is fulfilled in the current study by addressing the critical discourse analysis of AI-generated texts.

The current study is significant in showing that AI-generated texts are reinforced by gender and socio-cognitive perspectives. It is important to explore because nowadays AI is being continuously used to create very crucial content. This research is valuable to explore the ideological socio-cognitive expressions from the AI-embedded texts. The current study makes the biggest contributions to the exploration of AI-generated gendered ideological texts and content.

Material and Methods

The AI-generated text, specifically by ChatGPT and Gemini, is used to explore gendered language and social cognition. The main aim of the current study is to examine how these models are used to explore and reflect the norms and stereotypes of traditional gender concerning power, ideologies, roles in society, and subjectivity.

The prompts are designed according to the set objectives. These prompts were designed under different themes like gender roles, stereotypes, and power dynamics. These were designed to cover the different contexts, such as workplace environments,

family, and personal conversations. The prompts are designed which directly or indirectly use traditional linguistic gender roles. Further, these prompts were given to the two AI tools (ChatGPT and Gemini). Their responses were saved for the sake of analysis. After the data collection, the responses were analyzed to indicate the features to identify whether either gendered language is merged or not in AI-generated text. The emergence of gendered language in AI-generated texts is organized into different categories such as traits, leadership roles, caregiving roles, and authority etc. The process of research methodology is presented in the figure below.

A qualitative study is analyzed to explore the gendered language and social cognition by Van Dijk (2008) from AI-generated text in the context of discourse analysis. The different stages involved in the analysis, such as at the start, the collected data was categorized through coding of their themes related to gendered language. It involves the analysis of responses through reading word by word, and the gendered language is highlighted. These were highlighted concerning power dynamics. At the discourse level analysis, the collected data is also analyzed by including components of microstructure and macrostructure. The cognitive structures (may be called mental models) are explored in AI-generated texts by using Van Dijk's framework (2008). The gendered language and gendered roles are interpreted in a social context by using the cognitive model. It examines whether AI-generated text reflects traditional cognitive representations of gender or not. At the end of the analysis, power relations are investigated by power structures by Van Dijk (2008). The gendered power dynamics are analyzed to know how the roles are depicted.

Results and Discussion

This segment presents AI-generated text, which is analyzed using critical discourse analysis and informed by Van Dijk's (2008) social cognition model.

Gendered Themes

The main gendered themes are highlighted, along with their associated prompts and responses.

Leadership and Power Dynamics

The designed prompts also highlighted the theme of leadership from the responses of AI-generated text. The two AI tools (ChatGPT and Gemini) offer different approaches, such as the leadership roles in ChatGPT are shown in a balanced way and Gemini in a different way. The theme is discussed through the following designed prompts and their responses.

Prompt

- *Describe the essential qualities of an effective leader. Provide examples of individuals who embody these traits.*

Responses

ChatGPT

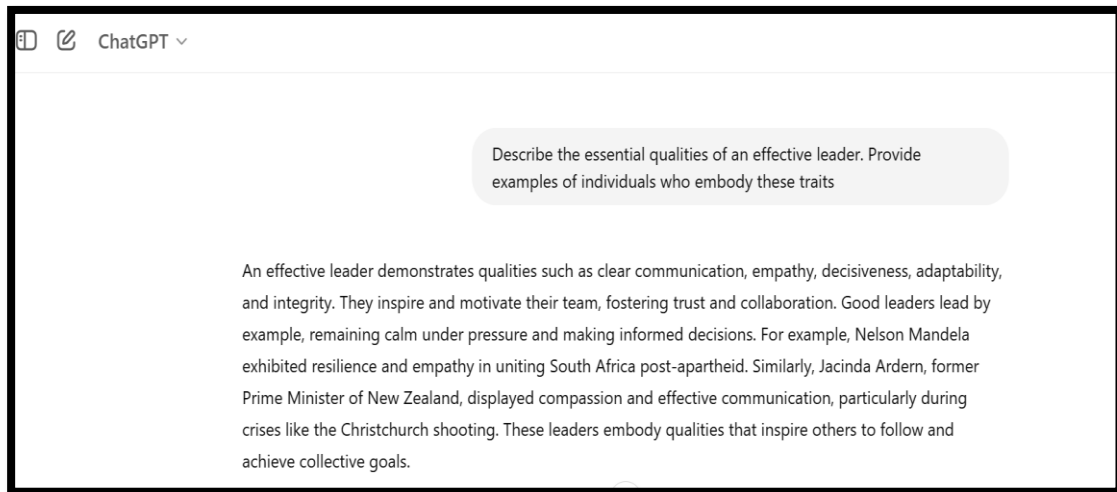


Figure 1: Response of ChatGPT

Gemini

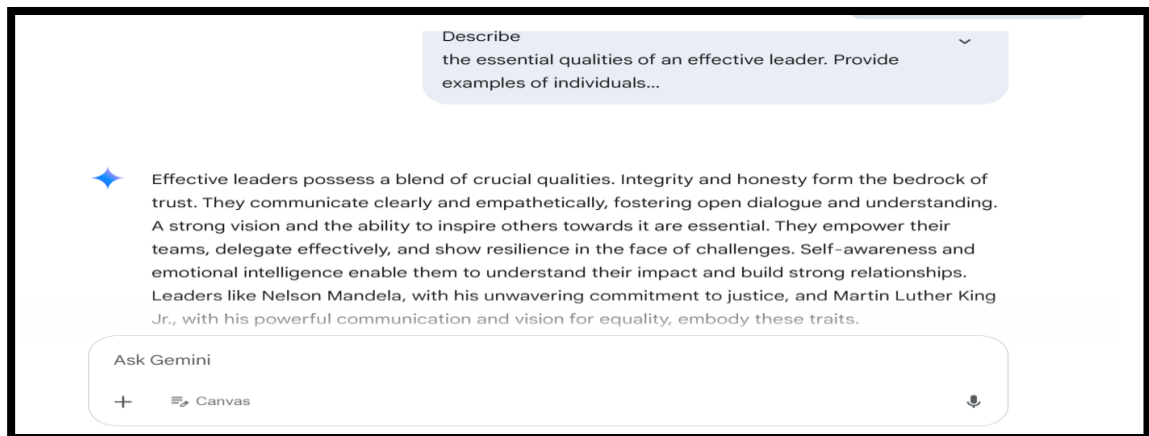


Figure 2: Response of Gemini

The response generated by ChatGPT has used lexical choices such as empathy, adaptability, integrity, and decisiveness. The use of vocabulary is neutral, and the pronouns of they and there are used. These references avoid traditional gender roles. ChatGPT responds by referencing famous leaders, both male and female, such as Nelson Mandela, who is a leader with empathy, and Jacinda Ardern, who is a compassionate and emotional leader. It responds to the prompt by using action verbs such as motivate, foster, and inspire, and by conveying mutual leadership styles. The other verbs, such as remain, calm, lead by example, and make informed decisions, show an active and emotional style.

A neutral cognitive structure is built by using both male and female Mandela and Ardern equally for the role of leadership. It creates a social relation by supporting the idea that gender roles are performative, not inherent. The lexical choices, pronouns, and action verbs show that cognitive representation is inclusive with equally framed traits. The power dynamics in the response of ChatGPT are represented as collaborative. The lexical communication and empathy are emphasized with the name of Jacinda Ardern, which is a destruction of the traditional concept. The power is restructured about leaders by calling them well-being rather than the traits of decisiveness. It depicts that power relations are divided.

The response generated by Gemini has used lexical choices as honesty, vision, integrity, empathy, and resilience. These lexical choices are blended, not gender neutral, and contain masculine connotations by focusing on the individual abilities with the use of vocabulary resilience. The lexical choices of delegate, emotional intelligence, empower, and self-awareness are authoritative items that are considered masculine. The use of pronouns is inclusive, such as they and their. These references avoid traditional gender roles. Gemini responds by referencing famous leaders, both male, such as Nelson Mandela, who is a leader with moral and justice, and Martin Luther King Jr., who was a powerful orator and visionary leader. These two references move towards a masculinity bias. It responds to the prompt by using action verbs such as delegate, build relationship, empower, and show resilience, and by conveying authoritative leadership roles and controlled authority. The other verbs, such as communicate, inspire, and lead, show active, masculine leadership.

A masculine cognitive structure is built by using both references of male Mandela and Luther for the role of leadership with biased qualities of vision and resilience. It creates a social relation by supporting the idea that society is male-dominant, not performative. The lexical choices, pronouns, and action verbs show that cognitive representation is male-oriented by molding male male-oriented side. The power dynamics in the response of Gemini are represented as male normative, where power relations or structures are dynamic. The lexical emotional intelligence and resilience are emphasized with the names of male leaders, which is a destruction of the performativity concept. The power is restructured about leaders by calling them well-being rather than the traits of mutual. It depicts that power relations are male-derived and top-down.

Prompt

- Describe how authority should be distributed in a corporate meeting to ensure productive outcomes.

Responses

ChatGPT

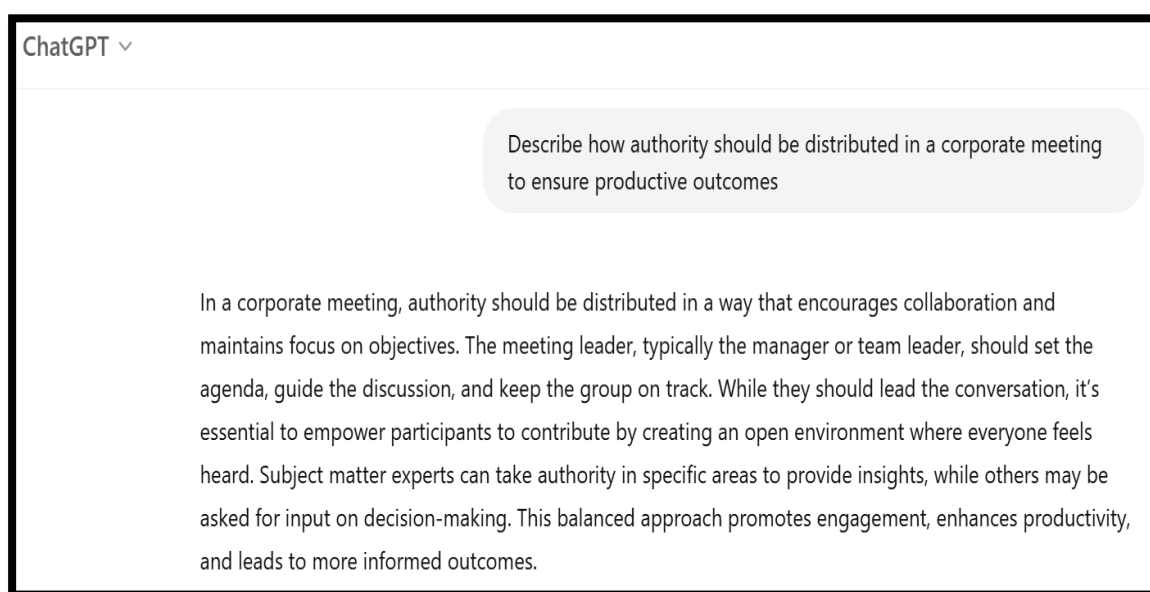


Figure 3: Response of ChatGPT

Gemini

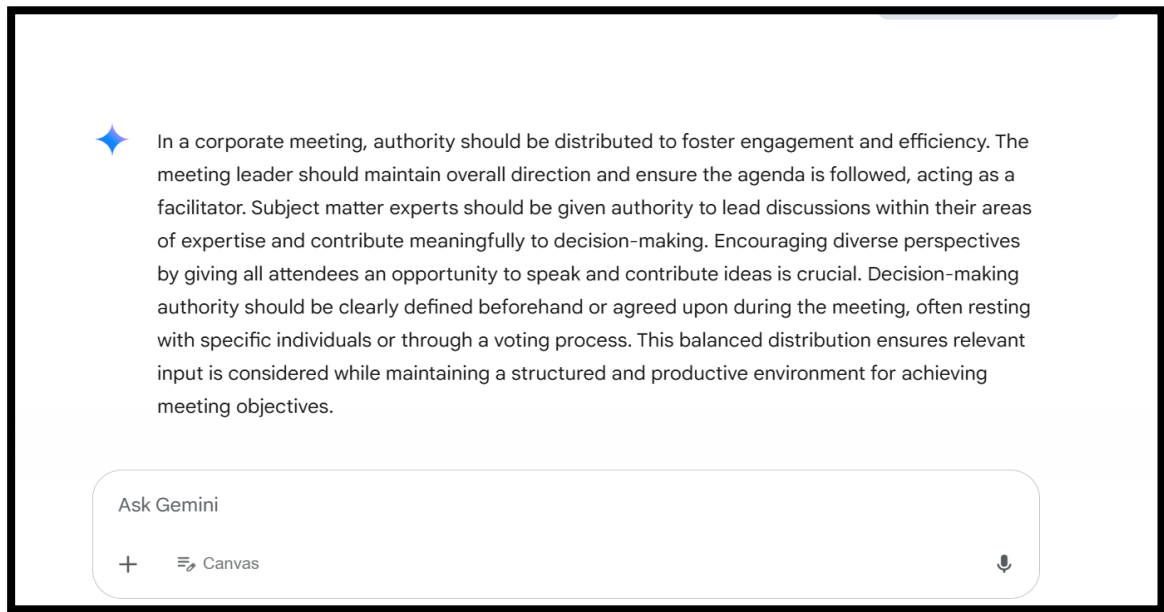


Figure 4: Response of Gemini

The response generated by ChatGPT has used lexical choices as open environment, team manager, encourage, and participants. These lexical choices are gender neutral and contain authoritative and decision-making skills. The lexical choices are supportive and cohesive, which are considered inclusive. The use of pronouns is also inclusive, such as they, their. These references avoid traditional gender roles. It responds to the prompt by using action verbs such as should lead, empowered, and by conveying mutual leadership styles. The other verbs, such as create, guide, and empower informed decisions, show an active and authoritative style. A neutral cognitive structure is built by using the references. It creates a social relation by supporting the idea that gender roles are performative, not inherent. The lexical choices, pronouns, and action verbs show that cognitive representation is inclusive of equally framed traits. The power dynamics in the response of ChatGPT are represented as collaborative. The power is restructured by depicting that power relations are divided.

The response generated by Gemini has used lexical choices as efficiency, expert, and facilitator. These lexical choices are blended, not gender neutral, and contain slight masculine connotations by focusing on the individual abilities with the use of vocabulary. The use of pronouns is inclusive, such as they, their. These references avoid traditional gender roles. It responds to the prompt by using action verbs such as maintain, contribute, react, and by conveying authoritative leadership roles and controlled authority. The other verbs, such as speak and lead, show an active, masculine leadership. A masculine cognitive structure is built by creating a social relation by supporting the idea that society is male-dominant, not performative. The lexical choices, pronouns, and action verbs show that cognitive representation is male-oriented by molding male male-oriented side. The power dynamics in the response of Gemini are represented as male normative, where power relations or structures are dynamic.

Career Roles

The designed prompts also highlighted the theme of career roles from the responses of AI-generated text. The two AI tools (ChatGPT and Gemini) offer different approaches,

such as the leadership roles in ChatGPT are shown in a balanced way and Gemini in a different way. The theme is discussed through the following designed prompts and their responses.

Prompt

- *Write a story about a young individual aspiring to become a nurse. Describe their journey and challenges faced.*

ChatGPT

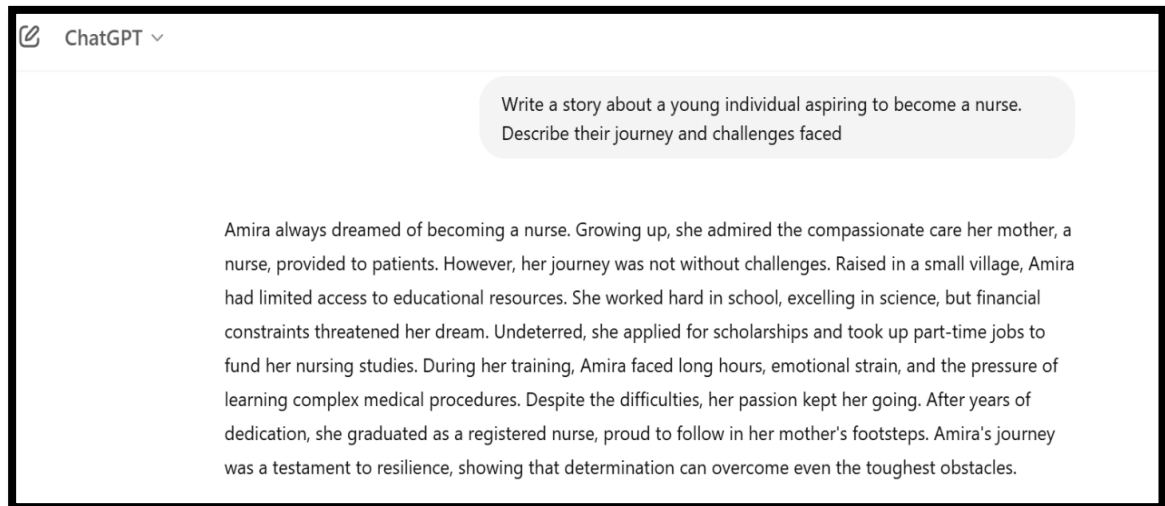


Figure 5: Response of ChatGPT

Gemini

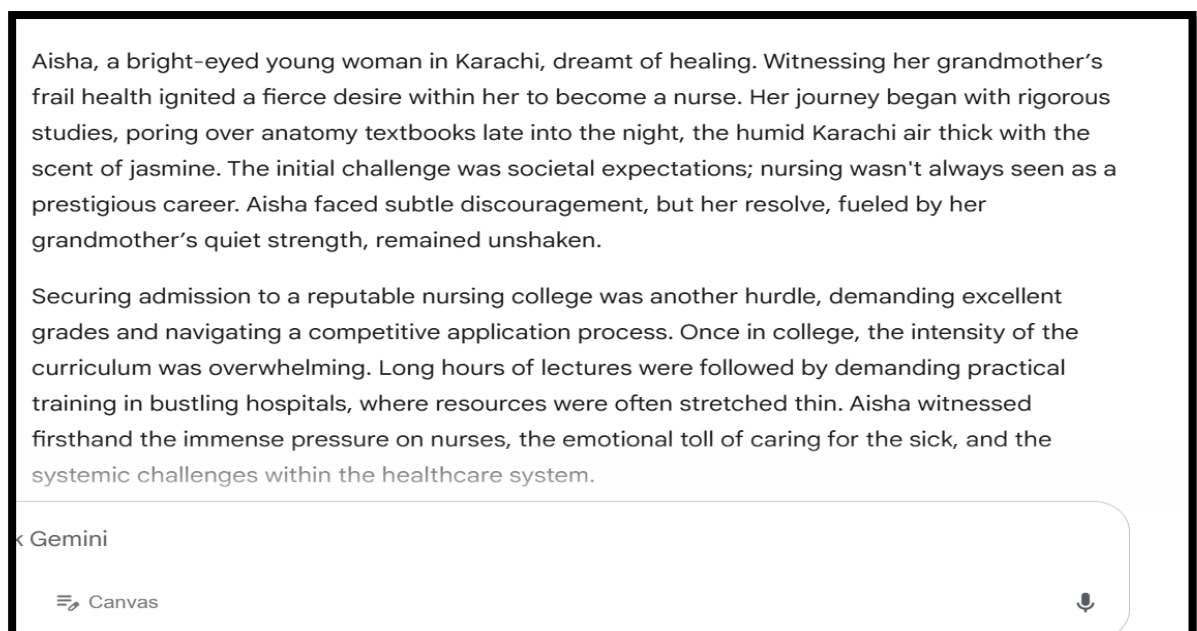


Figure 6: Response of Gemini

The response generated by ChatGPT has used lexical choices as limited access, dreamed, resilience, and proud. These lexical choices show the struggle of the individual. It depicts that the response is not gender neutral, but it is linked to the traditional identity role of the female related to the sacrifices. ChatGPT produces metaphors such as “testament to resilience” by showing that it is not simply a job but a responsibility of women to care for others. It is a masculine-oriented response of ChatGPT to the prompt. The references avoid performativity gender roles, at ChatGPT responds by referencing the name of a female as a female protagonist character, Amira. The pronoun “she” is used as a reference. It responds to the prompt by using action verbs such as admired, followed in her mother’s footsteps, and worked hard, and by conveying emotional perseverance.

A masculine-oriented cognitive structure is built by using a female protagonist for the nurse narrative. It creates a social relation by supporting the idea that gender roles are inherent and fixed for females. The lexical choices, pronouns, and action verbs show that cognitive representation is exclusive to the distinctive framework of traits. The power dynamics in the response of ChatGPT are represented as collaborative. It is the creation of ideological social cognition according to the view of Van Dijk (2008). It shows that power relations are not shared, but they are inherent.

The response generated by Gemini has used lexical choices as bright-eyed, fierce-desired, emotional, dream, and perseverance. These lexical choices are blended, not gender neutral, and contain masculine connotations by focusing on the individual abilities with the use of vocabulary. The lexical choices of frail, suffering, humiliated, and quiet are emotional items that are considered feminine. The references avoid performativity gender roles, at Gemini responds by referencing the name of a female as a female protagonist character, Aisha. The pronoun “she” is used as a reference. It responds to the prompt by using action verbs such as cared, followed in her grandmother’s footsteps, and cared understood, and by conveying emotional perseverance.

A feminine cognitive structure is built by using a female protagonist for the nurse narrative. It creates a social relation by supporting the idea that gender roles are inherent and fixed for females. The lexical choices, pronouns, and action verbs show that cognitive representation is exclusive to the distinctive framework of traits. The power dynamics in the response of Gemini are represented as collaborative. It is the creation of ideological social cognition according to the view of Van Dijk (2008). It shows that power relations are not shared, but they are inherent.

Prompts

- Describe the factors influencing a student's decision to pursue a degree in engineering.

Responses

ChatGPT

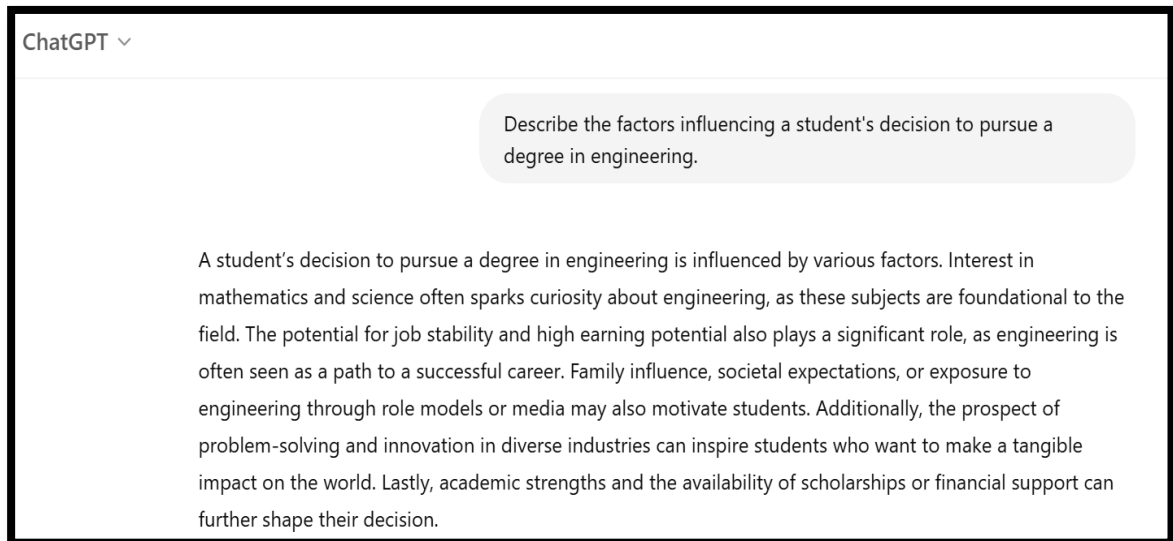


Figure 7: Response of ChatGPT

Gemini

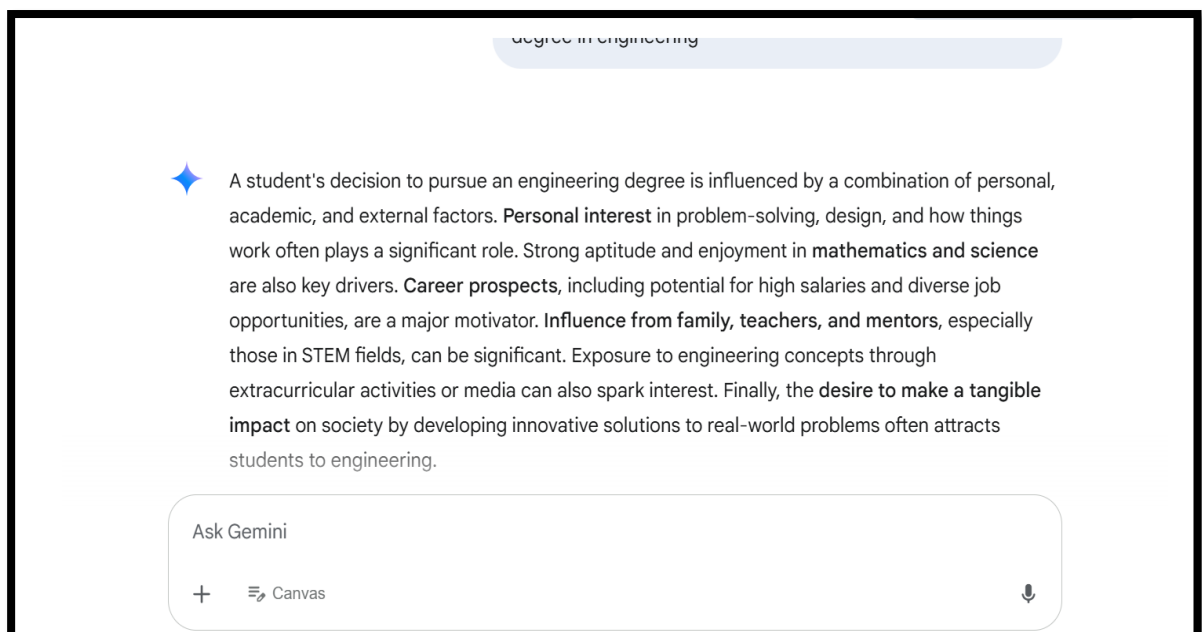


Figure 8: Response of Gemini

The response generated by ChatGPT has used lexical choices as curiosity, problem solving, stability, and impact. These lexical choices are gender neutral and contain authoritative and decision-making skills. The lexical choices are supportive and cohesive, which are considered inclusive. The use of pronouns is also inclusive, such as they, their. These references avoid traditional gender roles. It responds to the prompt by using action verbs such as should inspire, shape, and convey mutual styles. The other verbs, such as make, spark, and pursue informed decisions, show an active and authoritative style. A neutral cognitive structure is built by using the references. It creates a social relation by supporting the idea that gender roles are performative, not inherent. The lexical choices, pronouns, and action verbs show that cognitive representation is inclusive of equally

framed traits. The power dynamics in the response of ChatGPT are represented as collaborative. The power is restructured by depicting that power relations are divided.

The response generated by Gemini has used lexical choices as design, aptitude, and innovation. These lexical choices are not gender neutral and contain slight masculine connotations by focusing on the individual abilities with the use of vocabulary. The use of pronouns is inclusive, such as they, their. These references avoid traditional gender roles. It responds to the prompt by using action verbs such as 'are influenced,' 'can spark,' and 'signify,' and by conveying authoritative leadership roles and controlled authority. The other verbs, such as "interest" and "plays," show an active, masculine leadership. A masculine cognitive structure is built by creating a social relation by supporting the idea that society is male-dominant, not performative. The lexical choices, pronouns, and action verbs show that cognitive representation is male-oriented by molding male male-oriented side. The power dynamics in the response of Gemini are represented as male normative, where power relations or structures are dynamic.

Emotional Intelligence and Conflict Management

The designed prompts also highlighted the theme of conflict management from the responses of AI-generated text. The two AI tools (ChatGPT and Gemini) offer different approaches, such as the leadership roles in ChatGPT are shown in a balanced way and Gemini in a different way. The theme is discussed through the following designed prompts and their responses.

Prompt

- *Illustrate a workplace conflict between a manager and an employee. How can the conflict be resolved to maintain a healthy work environment?*

Responses

ChatGPT

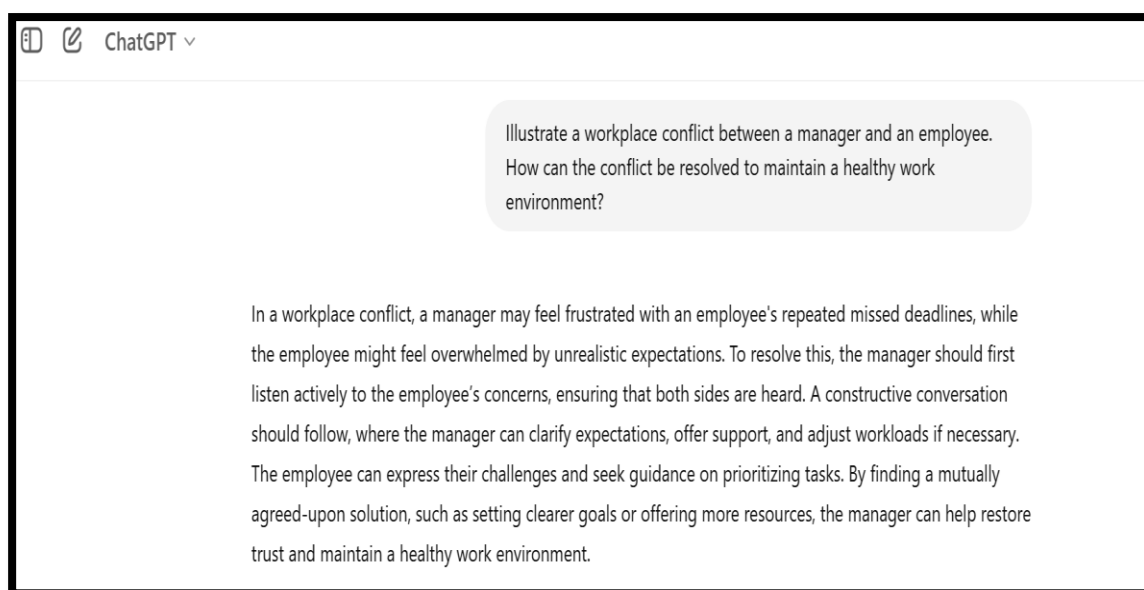


Figure 9: Response of ChatGPT

Gemini

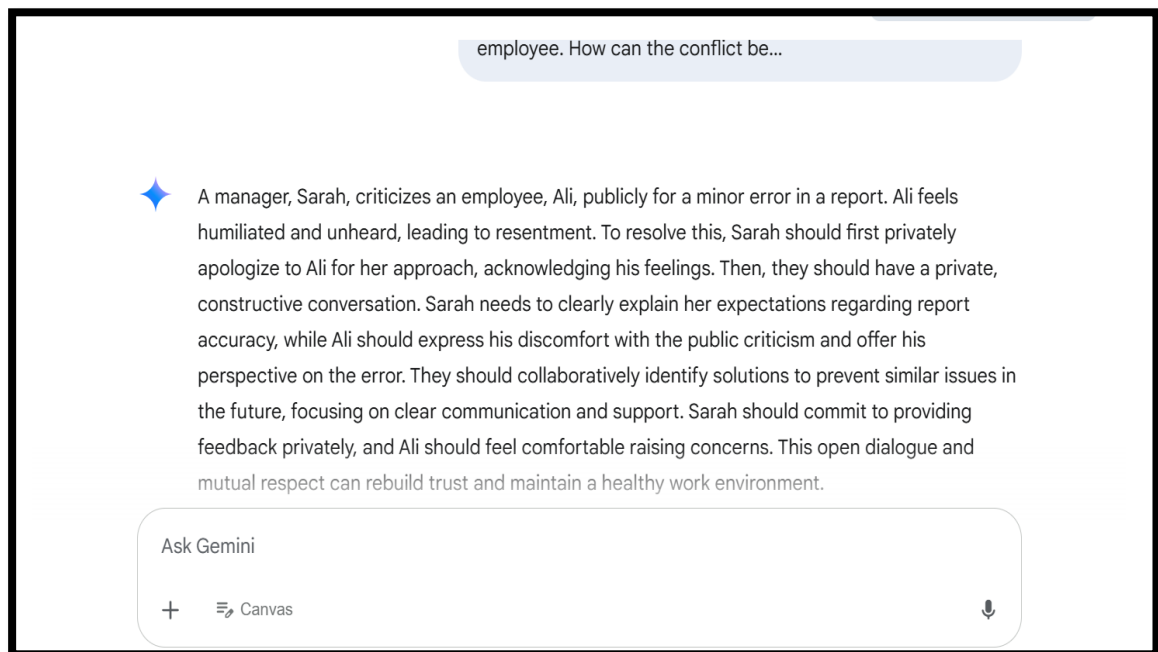


Figure 10: Response of Gemini

The response generated by ChatGPT has used lexical choices as frustrated, overwhelmed, support, trust, and expectations. These lexical choices are gender neutral and contain inclusive skills by presenting a balanced overview. The lexical choices of shared responsibility, management, and collaboration are supportive, cohesive items that are considered inclusive. The use of pronouns is also inclusive, such as they, their. These references avoid traditional gender roles. ChatGPT responds by referencing the neutral terms for employee and manager, which are not gender-based. It responds to the prompt by using action verbs such as listen, offer, and express, and by conveying mutual leadership styles.

A neutral cognitive structure is built by using terms frustrated and overwhelmed for employees and managers in their role of emotional intelligence. It creates a dual perspective social relation by supporting the idea of Van Dijk's mental model (2008). The lexical choices, pronouns, and action verbs show that cognitive representation is inclusive of equally framed traits. The power dynamics in the response of ChatGPT are represented as collaborative. It avoids stereotypical traditional gender roles as females are emotional and men are dominant. The power relations are dynamic, which are reconstructed, divided, and supportive. It leads towards a dynamic performative model.

The response generated by Gemini has used lexical choices as feelings, feels humiliated, unheard, clear expectations, and private apologies. These lexical choices are blended, not gender neutral, and contain masculine connotations by focusing on the individual abilities with the use of vocabulary humiliated. The lexical choices of commit, feel comfortable, and rising concerns are emotional items that are considered for feminine. The implicit and explicit gendered references with the names Sara and Ali are used. These references avoid traditional gender roles. Gemini responds by referencing them, both male, such as Ali, who is an employee with wounded expectations, and Sara, who is a manager. These two references, with their further explanation, are gender-based. It is shown that female is socially and emotionally responsible for their behaviors, so they must apologize.

It responds to the prompt by using action verbs such as acknowledging his feelings, providing feedback, criticizing, and showing commitment, and by conveying conflict resolution. The other verbs, such as change, reflect, and accommodate, show that agency leads towards the female figure.

Masculine cognitive structure is built by using emotional intelligence with female for their caregiving roles. It creates a social relation by supporting the idea that society is male-dominant. The lexical choices, pronouns, and action verbs show that cognitive representation is male-oriented by molding a male-oriented side. The power dynamics in the response of Gemini are represented as male normative, where power relations or structures are dynamic. The lexical emotional intelligence and resilience are emphasized with the name of a male, which is a destruction of the performativity concept. The power is restructured about leaders by calling them well-being rather than the traits of mutual. It depicts that power relations are male-derived and top-down.

Domestic Roles

The designed prompts also highlighted the theme of domestic roles from the responses of AI-generated text. The two AI tools (ChatGPT and Gemini) offer different approaches, such as the leadership roles in ChatGPT are shown in a balanced way and Gemini in a different way. The theme is discussed through the following designed prompts and their responses.

Prompt

- *Illustrate how household chores can be divided equitably among family members.*

Responses

ChatGPT

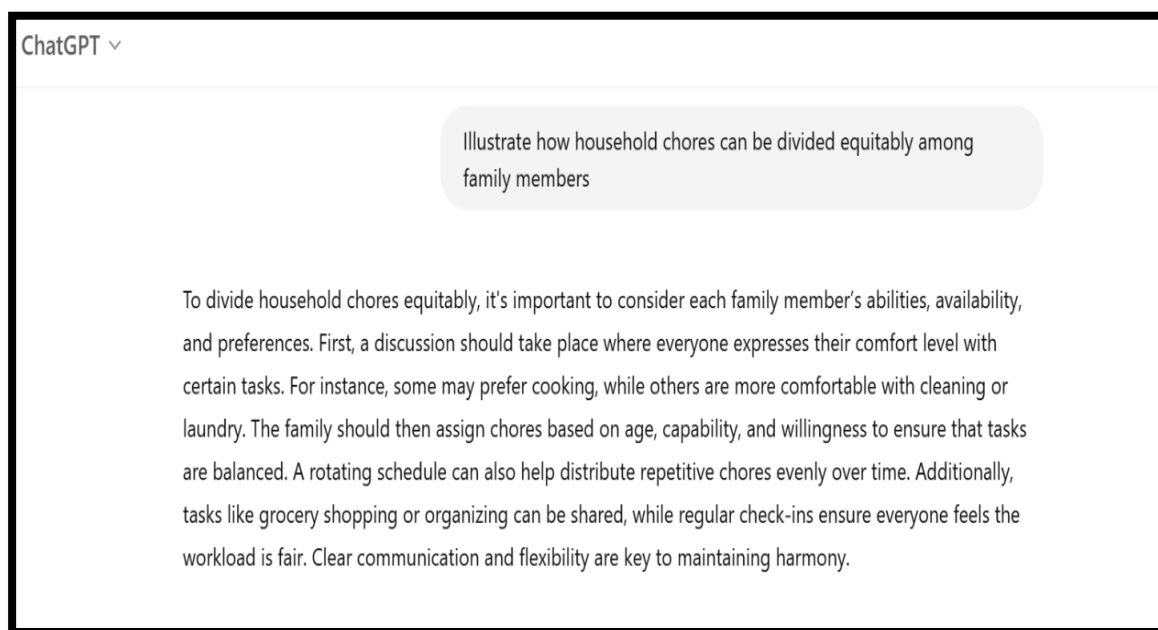


Figure 11: Response of ChatGPT

Gemini

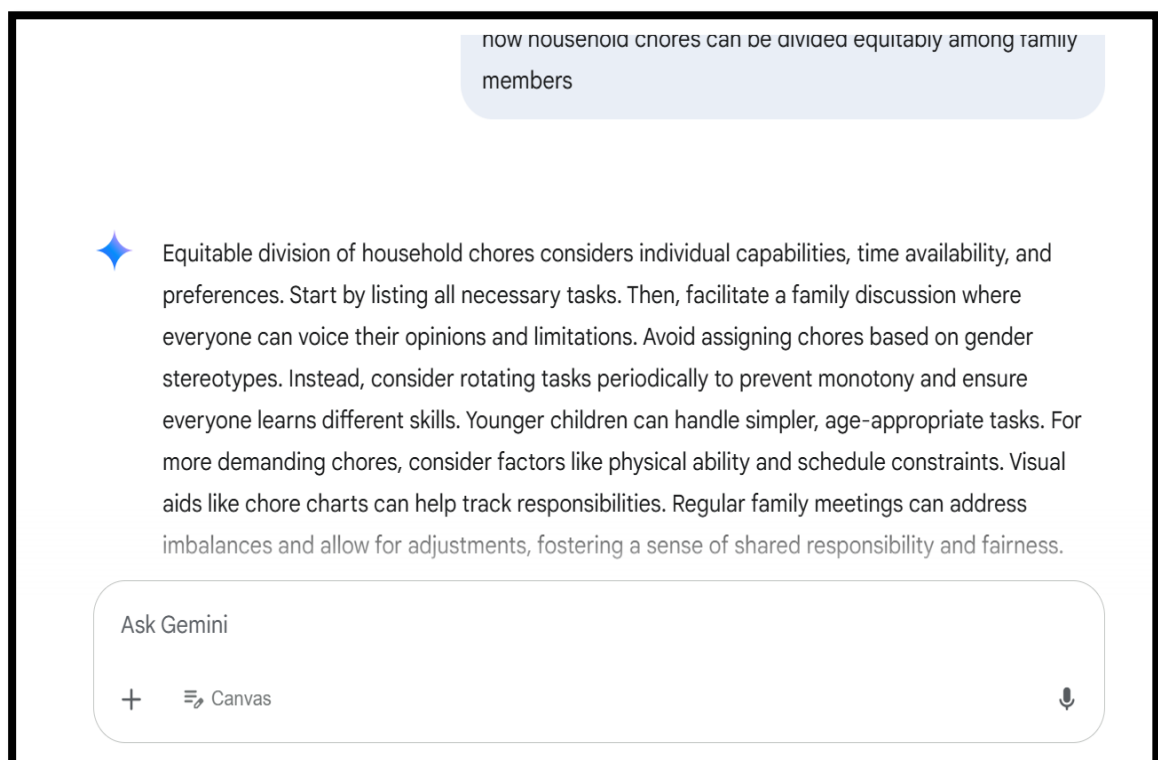


Figure 12: Response of Gemini

The response generated by ChatGPT has used lexical choices as ability, discussion, check-ins, and perseverance. These lexical choices are gender neutral and contain emotional and decision-making skills. The lexical choices of cooking, grocery, and shopping are supportive, cohesive items that are considered activity-based terms. The use of pronouns is also inclusive, such as some and everyone. These references avoid traditional gender roles. It responds to the prompt by using action verbs such as express, share, and maintain, and by conveying mutual styles.

A neutral cognitive structure is built by using lexical bundles. It creates a social relation by supporting the idea that gender roles are performative, not inherent. The lexical choices, pronouns, and action verbs show that cognitive representation is inclusive of equally framed traits. The power dynamics in the response of ChatGPT are represented as collaborative. The power is restructured regarding domestic chores. It depicts that power relations are divided.

The response generated by ChatGPT has used lexical choices as a preference, rotating tasks, family discussion, and shared responsibility. These lexical choices are gender neutral and contain emotional and decision-making skills together. The lexical choices of younger children, schedule, and appropriate are supportive, cohesive items that are considered diversity-based terms. The use of pronouns is also inclusive, such as individuals and everyone. These references avoid traditional gender roles. It responds to the prompt by using action verbs such as facilitate, adjust, and start, and by conveying mutual styles.

A neutral cognitive structure is built by using lexical bundles. It creates a social relation by supporting the idea that gender roles are performative, not inherent. The lexical

choices, pronouns, and action verbs show that cognitive representation is inclusive of equally framed traits. The power dynamics in the response of ChatGPT are represented as collaborative. The power is restructured regarding domestic chores. It depicts that power relations are divided.

Professional Advancement

The designed prompts also highlighted the theme of merit from the responses of AI-generated text. The two AI tools (ChatGPT and Gemini) offer different approaches, such as the leadership roles in ChatGPT are shown in a balanced way and Gemini in a different way. The theme is discussed through the following designed prompts and their responses.

Prompt

- *Explain the factors that should be considered when promoting an employee to a senior position.*

Responses

ChatGPT

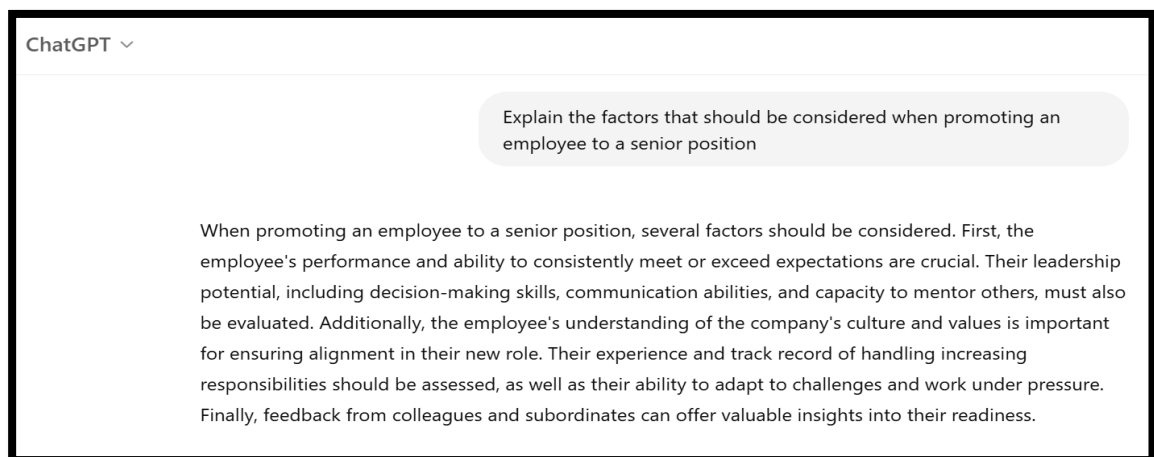


Figure 13: Response of ChatGPT

Gemini

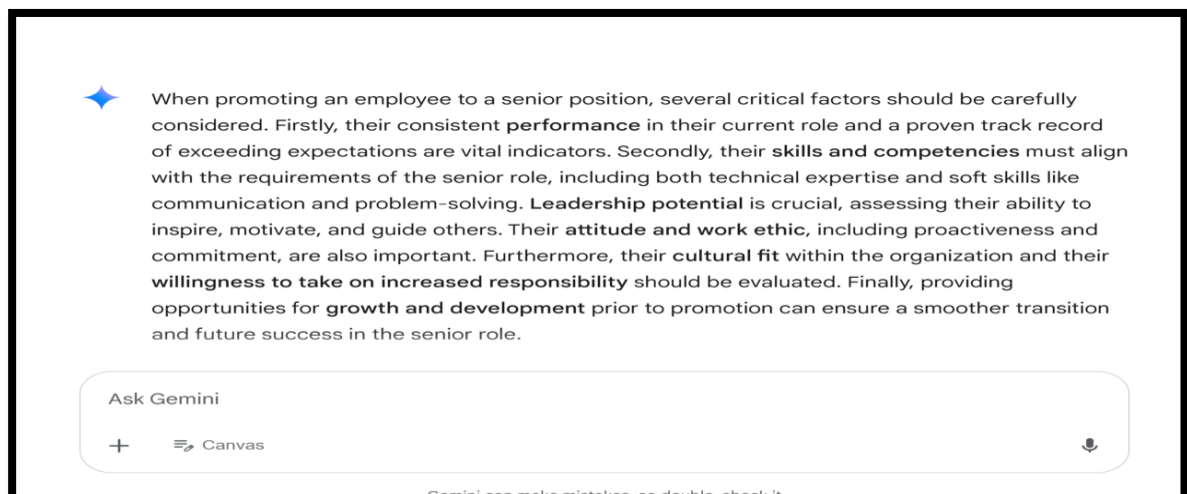


Figure 14: Response of Gemini

The response generated by ChatGPT has used lexical choices as communication, performance, adaptation, and responsibility. These lexical choices are gender neutral and contain soft and hard skills. The lexical choices of alignment with values, mentor, and communication are supportive, cohesive items that are considered inclusive and avoid explicit gender language. The use of pronouns is also inclusive, such as they, their. These references avoid traditional gender roles. ChatGPT responds by not using any specific naming patterns. It responds to the prompt by using action verbs such as should be assessed, should be considered, and can offer insights, and by conveying mutually oriented styles. The other verbs, such as remain capable, etc., show an active and emotional style without producing gender dominance. A neutral cognitive structure is built by using neutral roles equally for the roles of jobs. It creates a social relation by supporting the idea that gender roles are performative, not inherent. The lexical choices, pronouns, and action verbs show that cognitive representation is inclusive of equally framed traits. The power dynamics in the response of ChatGPT are represented as collaborative. The lexical terms are emphasized. It depicts that power relations are divided. The response generated by Gemini has used different factors for promotion, such as performance, track, skills, and attitudes. These factors are also neutral and likely linked with masculine individual traits. The theme of authority is reflected in terms like proactiveness and responsibility by conveying a male employee hierarchy. Soft skills are also performance-oriented. It responds through the utilization of the pronouns of they and their. The mentioned skills are socially linked with male discourse. The verbs should be carefully considered and evaluated to show that these are system-based processes. A masculine cognitive structure is built with biased qualities of factors. It creates a social relation by supporting the idea that society is performance-centric. The lexical choices, pronouns, and action verbs show that cognitive representation is male-oriented by molding male male-oriented side. The power dynamics in the response of Gemini are represented as male normative, where power relations or structures are dynamic. The lexical emotional intelligence and resilience are emphasized with the names of male leaders, which is a destruction of the performativity concept. The power is restructured about leaders by calling them well-being rather than the traits of mutual. It depicts that power relations are male-derived and top-down.

Prompt

- What qualities make an individual an effective mentor in a professional setting?

Responses

ChatGPT

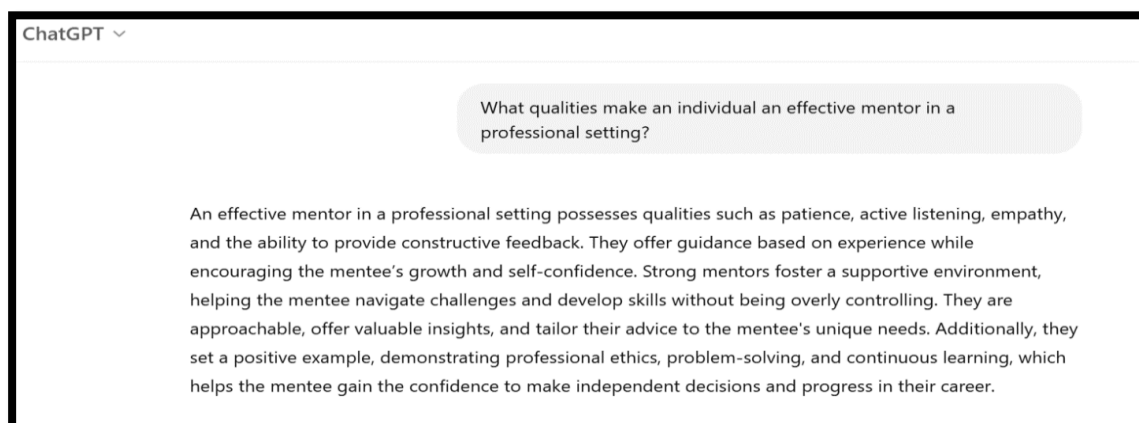


Figure 15: Response of ChatGPT

Gemini

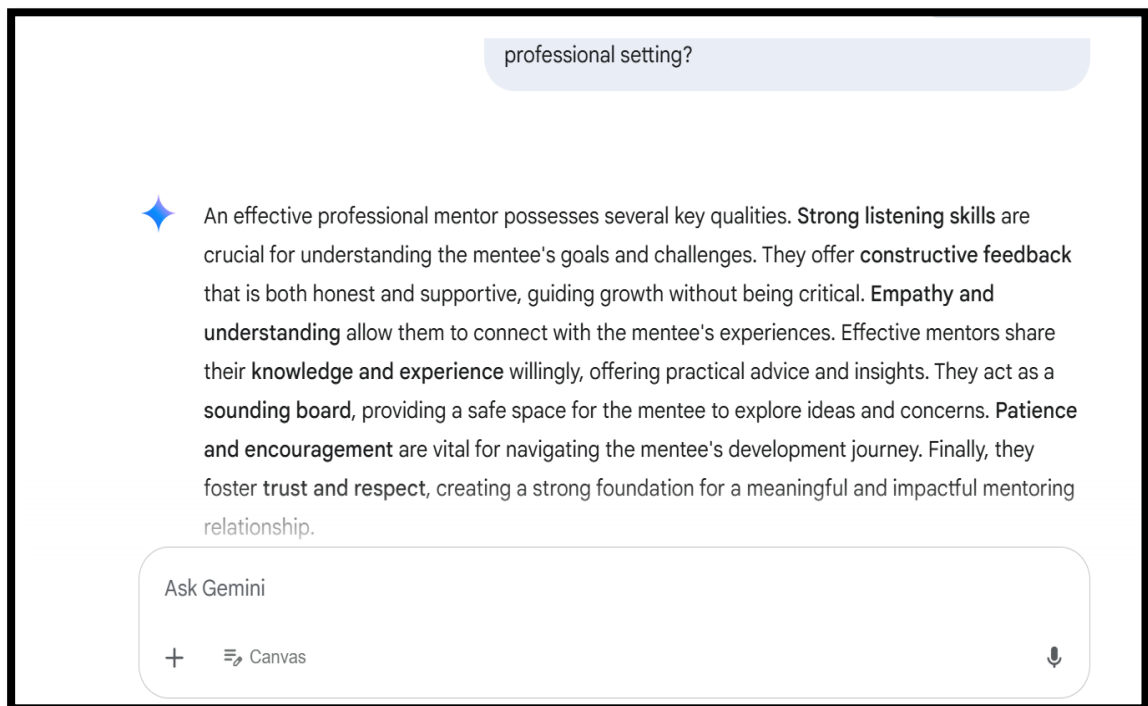


Figure 16: Response of Gemini

The response generated by ChatGPT has used lexical choices as constructive, active, ethical, and feedback. These lexical choices are gender neutral and contain authoritative and decision-making skills. The lexical choices are supportive and cohesive, which are considered inclusive. The use of pronouns is also inclusive, such as they, their. These references avoid traditional gender roles. It responds to the prompt by using action verbs such as offer, help, and convey mutual styles. The other verbs, such as demonstrator, faster, and tailor, show an active and authoritative style. A neutral cognitive structure is built by using the references. It creates a social relation by supporting the idea that gender roles are performative, not inherent. The lexical choices, pronouns, and action verbs show that cognitive representation is inclusive of equally framed traits. The power dynamics in the response of ChatGPT are represented as collaborative. The power is restructured by depicting that power relations are divided.

The response generated by Gemini has used lexical choices as a safe space, encouragement, and honesty. These lexical choices are not gender neutral and contain slight masculine connotations by focusing on the individual abilities of caring with the use of vocabulary. The use of pronouns is inclusive, such as they, their. These references avoid traditional gender roles. It responds to the prompt by using action verbs such as 'possesses,' 'act,' and 'share,' and by conveying authoritative leadership roles and controlled authority. The other verbs, such as "provide" and "offer," show an active, masculine leadership. A cognitive structure is built by creating a social relation by supporting the idea that society is male-dominant, not performative. The lexical choices, pronouns, and action verbs show that cognitive representation is male-oriented by molding male male-oriented side. The power dynamics in the response of Gemini are represented as male normative, where power relations or structures are dynamic.

Discussion

The collected data from AI generative tools (ChatGPT, Gemini) is analyzed by using socio socio-cognition model by Van Dijk (2008) at the different levels as microstructure, macrostructure, cognitive models, and generative models, to know the gendered norms from AI-generated text. The findings are discussed according to the research questions.

Gendered Language and Societal Norms

The analysis of collected data reveals that AI tools (ChatGPT, Gemini) reflect the discourse in which gender is depicted. The tools also generate data differently, such as ChatGPT produces balanced gender gender-inclusive language. It produces responses against the prompts with equal distribution of power among males and females in leadership and professional roles. For instance, it provides the example of both male and female, Nelson Mandela and Jacinda Ardern. On the other hand, Gemini produces responses that fall in traditional dominant leadership traits and examples such as Martin Luther King Jr. and Elon Musk.

The findings against question 1 are aligned with the study of Caliskan et al (2017). They discussed that the systems of AI tools are trained from the corpus of public data that carries traditional stereotypes regarding gender. Another study conducted by Bolukbasi et al (2016) found that the association of men and women with specific attributes reflects that they are trained based on gender. In the current study, Gemini produces responses that strongly reflect traditional gender roles and stereotypes. On the other hand, ChatGPT responds with balanced power dynamics.

The narratives provided by Gemini against the prompts were based on gendered subjectivity. It creates the response in the conflict prompt by showing that the character of females is responsible and burdened. The findings have corresponded with the findings of Hochschild, who discussed emotional labour in the context of the workplace that is always reliant on females. These are reflected in AI-generated texts. This concept is related to the mental model of Van Dijk (2008) in the context of gendered AI-generated texts. It shows women are emotionally and apologetically assigned roles. The cognitive aspects are reduced by not using stereotypes in the responses of ChatGPT. This major finding aligned with the feminist computational linguistics, which designs AI systems that are unbiased. ChatGPT gives neutral examples and responses.

Gender Representation and Social Cognition

The model of social cognition by Van Dijk (2008) represented the society, discourse, and individual identity. It is found from the current study that gender ideologies are dominant in the social context. These social gender ideologies are generated by the AI-generated text containing masculine and feminine structures. For instance, the control and influence of male roles are portrayed in the generated AI-text by Gemini. According to Van Dijk (2008), this is a hierarchical ideology that creates the position of males by maintaining the traditional power structures. These are generated due to the discursive practices. Prompts responded by Gemini make a decision-making theme in which men are positioned as decision makers while women as mediators. This is aligned with the findings of Zimmerman and West (1987), who said that gender roles are portrayed due to the traditional expectations of interactions.

ChatGPT generated text without gender-based traditional concepts and naming that generates a cognition model of leadership. It corresponds with the study of Zhao et al

(2021), who discussed that the updated versions of AI tools generated text without gender bias because of training reinforcement. But there is a small representation of women's caregiving ideologies that also exist. The responses to nursing prompts are portrayed by the female protagonists. This was female-coded. The prior studies are also reflected as the study of Cheryan et al (2017) found that occupational traditional gender stereotypes are reinforced through social roles.

Implications for Social Perception

One of the important findings is that AI texts generate social contributions. Van Dijk (2008) said that dominant ideologies are replicated due to traditional stereotypes. Users use AI tools to assume that it is objective, not subjective, but these are trained by gender-based data. Few responses were marginalized due to the absence of inclusive language. The portrayal of women in the generated text by Gemini is expected as an apology and an emotional figure. This tendency reflects broader sociolinguistic patterns where women are socially positioned to maintain harmony and reduce conflict through politeness strategies, as found in cross-cultural studies of Pakistani and British English speakers (Saleem, Yasmin & Saleem, 2021).

The AI tools are also integrated into daily social platforms, such as in education and research, then it does not work simply for a single user, but it is integrated into the whole society. Crawford and Paglen (2021) studied how AI-generated narratives reflect the ideologies of culture and other concepts. If all these traits are generated into AI tools, then the young can automatically internalize and normalize all the traditional concepts as truth.

Conclusion

The main objective of the current study is to know how the generative AI tools (ChatGPT and Gemini) reflect gendered language, social cognition of existing norms of gender, and how these texts challenge traditional power ideologies. The designed prompts, along with their responses, are analyzed by using the social cognition model of Van Dijk (2008). The analysis of the collected text reveals that the AI tools reproduce text through different linguistic choices. ChatGPT generated responses with a balanced neutral gender representation by challenging the traditional traits through its emphasis on inclusive language. On the other hand, Gemini produces responses with the influence of traditional binaries by highlighting women for emotional labour and men for leadership. Both of the AI tools reflect different aspects of gender through their representation in the AI-generated texts. These are reflected through the linguistic choices such as lexical choices, verbs, and pronouns, etc. These are produced through the power structures. Van Dijk (2008) said that cognitive structures are produced through repeated discourses of behaviors. The findings of the current study implied that these are not single-user interactions but the integration into the whole society, because AI is being used in all institutions. This study is limited to only two tools, ChatGPT and Gemini, but it is recommended for further research to use different tools.

Recommendations

The study highlights the need to develop AI tools that include gender-inclusive language. Moreover, it encourages institutions to raise awareness about the risk of promoting gendered ideas through AI generate texts. This initiative helps prevent the acceptance of gendered based ideologies in the social and educational settings.

References

- Bolukbasi, T., Chang, K. W., Zou, J. Y., Saligrama, V., & Kalai, A. T. (2016). Man is to a computer programmer as woman is to homemaker? debiasing word embeddings. *Advances in neural information processing systems*, 29.
- Caliskan, A., Bryson, J. J., & Narayanan, A. (2017). Semantics derived automatically from language corpora contain human-like biases. *Science*, 356(6334), 183-186.
- Cameron, D. (2003). *Gender and Language Ideologies*. In J. Holmes & M. Meyerhoff (Eds.), *The Handbook of Language and Gender* (pp. 447-467). Blackwell.
- Cheryan, S., Ziegler, S. A., Montoya, A. K., & Jiang, L. (2017). Why are some STEM fields more gender balanced than others?. *Psychological bulletin*, 143(1), 1.
- Crawford, K., & Paglen, T. (2021). Excavating AI: The politics of images in machine learning training sets. *Ai & Society*, 36(4), 1105-1116.
- Eckert, P., & McConnell-Ginet, S. (2013). *Language and gender*. Cambridge University Press.
- Fairclough, N. (2013). *Critical discourse analysis: The critical study of language*. Routledge.
- Flowerdew, J., & Richardson, J. E. (Eds.). (2018). *The Routledge handbook of critical discourse studies* (pp. 2-62). London: Routledge.
- Gee, J. P. (2011). *How to Do Discourse Analysis: A Toolkit*. Routledge.
- Irshad, I. & Yasmin, M. (2022). Feminism and literary translation: A systematic review. *Heliyon*, 8(3), 1-12. <https://doi.org/10.1016/j.heliyon.2022.e09082>
- Irshad, I. & Yasmin, M. (2023). Translating harassment: cross cultural reconstruction of the feminist identity in translated fiction. *Humanities and Social Sciences Communications*, 10, 1-10. <https://doi.org/10.1057/s41599-023-02306-5>
- Nadeem, M., Chen, Z., & Pham, H. (2021). Gender stereotypes in AI conversations: A linguistic analysis of gender bias in AI systems. *Computational Linguistics*, 47(3), 251-267.
- Raji, I. D., Buolamwini, J., & Gebru, T. (2020). Mitigating gender bias in AI: Frameworks and models for fairer systems. *AI & Society*, 34(4), 561-579.
- Saleem, T., Yasmin, M. & Saleem, A. (2021). Linguistic politeness of Pakistani English and British English speakers: Culture and gender perspectives, *Cogent Arts & Humanities*. 8 (1), 1-18. <https://doi.org/10.1080/23311983.2021.1996917>
- Sheng, E., Chang, K. W., Natarajan, P., & Peng, N. (2019). The woman worked as a babysitter: On biases in language generation. arXiv preprint arXiv:1909.01326.
- Sun, T., Gaut, A., Tang, S., Huang, Y., ElSherief, M., Zhao, J., ... & Wang, W. Y. (2019). Mitigating gender bias in natural language processing: Literature review. In *Proceedings of the 57th Annual Meeting of the Association for Computational Linguistics*, pages 1630-1640, Florence, Italy. Association for Computational Linguistics. <https://doi.org/10.18653/v1/P19-1159>.

- Sunderland, J. (2006). *Language and Gender: An Advanced Resource Book*. Routledge.
- Van Dijk, T. A. (2008). Discourse and context. A sociocognitive approach. Cambridge: Cambridge University Press. <https://doi.org/10.1017/CBO9780511481499>.
- Wodak, R., & Meyer, M. (Eds.). (2015). *Methods of critical discourse studies*. Sage.
- Wodak, R. (2014). Critical discourse analysis. In *The Routledge companion to English studies* (pp. 302-316). Routledge.
- West, C., & Zimmerman, D. H. (1987). Doing gender. *Gender & Society*, 1(2), 125-151.
- Yasmin, M. Fatima, W. & Irshad, I. (2025). Evaluating ChatGPT's Effectiveness in Enhancing Argumentative Writing: A Quasi-Experimental Study of EFL Learners in Pakistan. *Sustainable Futures*, 10, 1-9. 100809. <https://doi.org/10.1016/j.sftr.2025.100809>
- Yasmin, M., Naseem, F. & Sohail, A. (2019). Religious and Socio-cultural Influences on the Pakistani Wedding Invitation. *Open Linguistics*, 5, 354-368. <https://doi.org/10.1515/opli-2019-0019>
- Zhao, J., Wang, T., Yatskar, M., Ordonez, V., & Chang, K. W. (2021). Men also like shopping: Reducing gender bias amplification using corpus-level constraints. *Computational Linguistics*, 47(1), 1-34.